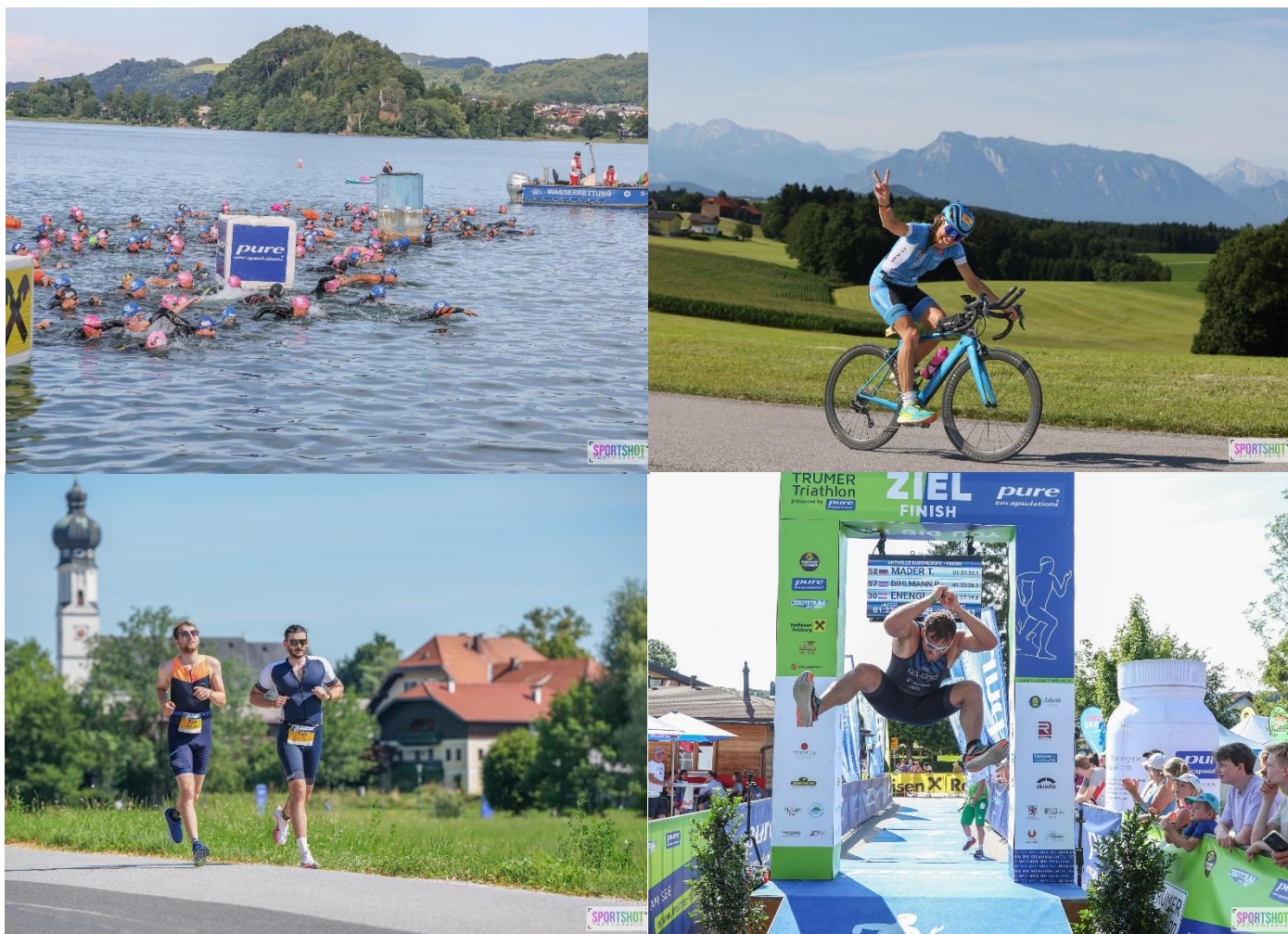




Competition facts 24th – 26th July 2026

On the following pages you can find all information necessary
for the 17th Trumer Triathlon.



If you have any questions please contact
event@trumer-triathlon.at!

Trumer Triathlon

Seite 1

www.trumer-triathlon.at



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Competition facts 24th – 26th July 2026

General information

Organisation

- Date: 24th – 26th July 2026
- Location: Obertrum am See, Salzburger Seenland, Flachgau/Salzburg, Österreich
- Organizer: Tourismusverband Obertrum am See, Schulstraße 2, 5162 Obertrum am See
- Executing club: TrumerTriTeam, Weinbergstraße 18, 5162 Obertrum am See, ZVR-Zahl 412712726, ÖTRV-Nr. 5/054/11
- Co-Organizer for national championships: Österreichischer Triathlonverband
- Organisation: G-Sport | Sport Solutions | Coaching & Events

Competition management

- Organisation: Josef Gruber, Sabine Gärtner
- Race director: Josef Gruber and department managers
- Chief Technical Official (ChTO) bzw. Technical Delegate (TD): Funktionär des ÖTRV
- Competition-Jury: ChTO bzw. TD, Delegation of STv, Delegation of the executing club

Competition regulations

The event is based on the sports regulations (ÖTRV association regulations) with the currently valid version of the competition and organizer regulations. The corresponding regulations can be viewed on the ÖTRV website (www.triathlon-austria.at) and on the Trumer Triathlon website. The rules of the respective professional association apply to the pure swimming and running events.

Road traffic regulations

The competitors must follow the instructions of the road authorities (police, judges and stewards) and adhere to the rules of the road traffic regulations (StVO 1960). The use of the right lane or the edge of the road is mandatory.

Doping

The anti-doping regulations of the ITU, the ÖTRV, the World Anti Doping Association (WADA) and the national anti-doping agency (NADA) and the anti-doping provisions of the Federal Sports Promotion Act (BSFG) apply in full. Athletes who take part in the competitions are obliged to familiarize themselves with the rules and the procedures regarding controls, penalties and appeals. The implementation of the anti-doping regulations of the ITU, the NADA and the Federal Sports Promotion Act (BSFG) are applied in full. The corresponding regulations can be viewed on the ÖTRV website (www.triathlon-austria.at) and on the NADA website (www.nada.at).





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Contests

Friday, 24th July 2026

- Seecrossing (3 km and 1,4 km): Individual

Saturday, 25th July 2026

- Kids Triathlon (distances depending on age group): Individual
- Super Sprint distance (250 m swim - 12,5 km bike - 2,5 km run): Individual
- Sprint distance (750 m swim - 25,4 km bike - 5,2 km run): Individual and relay
- Charity Run (30min run + last round): Individual

Sunday, 26th July 2026

- Olympic distance (1,5 km swim - 41,8 km bike - 10 km run): Individual
- Half distance (1,9 km swim - 88,5 km bike - 21,1 km run): Individual and relay

Registration

Eligibility to participate

Participation in all triathlons is only possible with a valid annual license or a day license. Since 2023, annual licenses from other countries will also be recognized! No license is required for the relay competitions or for the pure swimming and running competitions. No license is required for children and category A students either!

The specified age of the age groups must be adhered to.

Athletes who have been convicted of doping cannot be allowed to start by the organizer even after their ban has expired. The organizer also has the right at any time, for reasons that are important to him, to disqualify athletes in consultation with the competition jury. Participants who are disqualified due to obvious fraud can be banned from starting in subsequent years.

Registration

Registration can be made online via the organizer's registration portal. When registering online, the liability waiver must be accepted. By accepting the competition conditions during the online registration, the rules of the event (advertisement, regulations and conditions of participation) are accepted in full in their latest version.

The right to a starting place only becomes valid after payment has been made, provided that there are still starting place capacities available. The list of participants can be viewed via the organizer's registration portal.

Participation is a very personal right and every participant must collect the starting documents in person. To collect the starting number the valid ÖTRV annual license, if available, must be brought along. The organizer reserves the right to reject registrations or to issue a starting ban for reasons that are important to him.



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The registration deadline is July 19, 2026 at midnight. Late registrations, transfers or changes are only possible on site at the competition office up to one hour before the start of the respective competition.

Registration fees

All prices include applicable VAT. Any fees incurred for online payment (3.5%) are borne by the participant.

The registration fee includes services such as comprehensive competition organization, catering during and after the competition, massage, rescue service and much more, as well as athlete gifts.

The registration fees are staggered according to applications and time of registration as follows:

Contest	till 31 st Aug. 2025	till 31 st Dec. 2025	till 31 st March 2026	till 19th July 2026	Late registration Waiting list
Lake crossing light	Euro 30	Euro 35	Euro 40	Euro 45	Euro 50
Lake crossing	Euro 35	Euro 45	Euro 50	Euro 55	Euro 60
Kids Triathlon	Euro 10	Euro 10	Euro 12	Euro 12	Euro 15
Super Sprint (Schüler A)	Euro 20	Euro 20	Euro 30	Euro 30	Euro 35
Super Sprint (from Jugend)	Euro 40	Euro 45	Euro 60	Euro 70	Euro 80
Sprint	Euro 60	Euro 65	Euro 85	Euro 95	Euro 100
Sprint relay	Euro 75	Euro 90	Euro 120	Euro 140	Euro 155
Charity Run*	Euro 15	Euro 15	Euro 25	Euro 25	Euro 30
Olympic distance	Euro 85	Euro 95	Euro 125	Euro 140	Euro 155
Half distance	Euro 165	Euro 180	Euro 225	Euro 245	Euro 260
Half distance relay	Euro 220	Euro 245	Euro 310	Euro 340	Euro 355
Trumer Triple	Euro 220	Euro 240	Euro 295	Euro 325	Euro 340
Trumer Triple light	Euro 135	Euro 140	Euro 180	Euro 205	Euro 220

* Children in classes E to B start for free, € 10.00 per paid registration goes into the donation pot

Cancellations, transfers and changes until the online registration deadline

We recommend taking out cancellation insurance when registering. If you cancel (without stating the reason) by the online registration deadline at the latest, the registration fee will be refunded minus a processing fee of 15 euros. If you transfer your registration to the following year, a processing fee of 15 euros will be retained.

Changes to participant data or transfers to other people (individual starters or team members) are free of charge if the change is made via the participant login.

Changes to a lower-priced competition can be made directly via the participant login. Please note that any price difference will not be refunded.

If you wish to switch to a higher-priced competition, the change must be requested through the event organizer. The additional entry fee will be charged based on the rates valid at the time of the change.

For any changes that are not made by the participant directly, a processing fee of €15.00 will apply.

Cancellations, transfers and changes in the race office

Cancellations or transfers to the following year are only possible until the online registration deadline.

A transfer to another participant can be made on-site for a processing fee of €15.00. Changing to a different competition is possible for a €15.00 processing fee. Please note that no refund will be given for any price difference. If switching to a more expensive competition, the difference will be charged at the late registration rate.

The processing fee includes a new race number, a new timing chip, administrative handling and the support of trained staff.

Day licence

The Austrian and Salzburg Triathlon Association collects the following daily licenses from domestic and foreign participants:

Contest	amount
Super sprint (not Schüler A)	Euro 8,00
Sprint	Euro 13,00
Olympic distance	Euro 15,00
Half distance	Euro 18,00

A day license can be purchased when registering or at the competition office. For the Trumer Triple, the day license must be purchased twice. If an annual license is submitted later, the fee already paid for the day license will be refunded.

Athletes with a valid annual license from a national triathlon association do not need a day license! This also applies to foreign associations.

Starting place voucher

Registrations that have been completed cannot be offset against a starting place voucher received later (e.g. competition) or refunded. Starting place vouchers can only be redeemed online and cannot be redeemed as a late registration on site at the competition office.

Cancellation of event

If the event cannot be held for whatever reason, the organizer can cancel it at any time. The organizer reserves the following options for reversing registrations that have already been made:

- Transfer to the following year (same person and same competition)
- Credit for the following year less a processing fee of 10 euros (to be redeemed by December 31st, transfer to another person and another competition possible)
- Reimbursement of the registration fee less a processing fee of 30 euros (refund)



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- Donation or solidarity contribution

From the official letter from the organizer, the participant has three weeks to respond. If no response is received within this period, the registration fee will be retained as a donation or solidarity contribution.

The fees and contributions collected will cover the administrative costs for the reversal, such as administration, bank charges and postage, as well as costs already incurred for the preparation of the event, such as organizational expenses, orders already placed, registration, marketing and much more.

Bib collection

The starting documents can be picked up at the competition office (gymnasium of the New Middle School, Schulstraße 4, 5162 Obertrum am See) according to the schedule published on the website.

Participant limits

The following starter limits apply per competition:

- Lake crossing (3k und 1,4k): 300 Individuals (inkl. Triple-Starter)
- Kids Triathlon: 170 Individuals
- Saturday (Super sprint and Sprint): 800 Individuals
- Charity Run: 200 Individuals
- Sunday (Olympic and Half distance): 800 Individuals
- Relays: 75 relays per competition (Sprint and half distance)
- Triple: 150 Individuals (Trumer Triple and Trumer Triple light)

Waiting list

If the starter limit has been reached for a competition, you can register for the waiting list. Starting places are allocated according to the order on the waiting list.

Liability Release and Limitation of Liability

In cases of force majeure, due to official orders or for safety reasons, the organizer is entitled to make changes to the implementation of the event or to cancel it. In these cases, the organizer is not liable for damages to the participants. Entry fees collected will not be refunded.

The organizer and its legal representatives and vicarious agents are only liable in the event of intentional or grossly negligent behaviour. The organizer assumes no liability for health risks to participants in connection with participation in the event. The organizer assumes no liability for items stored free of charge.



Scoring system

Age groups

The following age groups apply to the individual competitions (female and male):

Age group	age	Kids Triathlon	Charity Run
Schüler E	2020-2019	✓	✓
Schüler D	2018-2017	✓	✓
Schüler C	2016-2015	✓	✓
Schüler B	2014-2013	✓	✓

Age group	age	Half	Olympic	Sprint	Super sprint	Lake-crossing	Charity Run
Schüler A	2012-2011	x	x	x	✓	x	✓
Jugend	2010-2009	x	x	✓	✓	✓	✓
Junioren	2008-2007	✓	✓	✓	✓	✓	✓
U 23	2006-2003	✓	✓	✓	✓	✓	✓
M/W 24-29	2002-1997	✓	✓	✓	✓	✓	✓
M/W 30-39	1996-1987	✓	✓	✓	✓	✓	✓
M/W 40-49	1986-1977	✓	✓	✓	✓	✓	✓
M/W 50-59	1976-1967	✓	✓	✓	✓	✓	✓
M/W 60-69	1966-1957	✓	✓	✓	✓	✓	✓
M/W 70+	1956 and older	✓	✓	✓	✓	✓	✓

Individual ranking

The individual competitions are scored separately by gender and age group. For all adult competitions there is also an overall score per gender. In the Charity Run there is only one overall score per gender as well as a separate children's ranking (Categories Schüler E–D and Schüler C–B).

Relay ranking

The minimum age for relay participants is the same as for individual events:

- Sprint distance: born in 2010 and older (from youth)
- Half distance: born in 2008 and older (from juniors)

For all relay competitions, the scoring takes place in the relay classes male, female and mixed.

Triple ranking

Participants are allowed to start from the junior age group. The participant with the fastest (weighted) time wins. The ranking is divided into two classes: Elite (up to M/W 30-39) and Masters (from M/W 40-49). This weighting of the competition time is based on the competition on Saturday (lake crossing x 2 and Sunday competition / 3.5).

Championships

Election is in October 2025

PTO-Race

The half distance at the Trumer Triathlon is part of the international PTO (Professional Triathletes Organization) World Ranking System and is classified as a Bronze Tier race. The winners of the half distance therefore receive 70 points for the PTO World Ranking System in addition to the prize money.

Cup rankings

- The following cup rankings will be held as part of the Trumer Triathlon:
- Salzburg Triathlon Talents Cup and Upper Austrian Junior Cup at the Kids Triathlon and the Fun Triathlon
- Salzburg Triathlon Junior Cup at the Super sprint
- Arena Alpen Open Water Cup (Lake crossing)

Prize money & non-cash prizes

Cup prizes will be awarded for places 1 - 3 in the respective classes and ratings. Non-cash prizes will be awarded for certain classes and ratings.

The total prize money of 9,500 euros for the overall ranking over the half distance is:

Rank	male	female
1. Place	1.500,00 €	1.500,00 €
2. Place	1.000,00 €	1.000,00 €
3. Place	750,00 €	750,00 €
4. Place	600,00 €	600,00 €
5. Place	500,00 €	500,00 €
6. Place	400,00 €	400,00 €

The prize money of 4,600 euros for the overall ranking of the Austrian National Championship over the half distance will be distributed as follows:

Rang	male	female
1. Place	800 €	800 €
2. Place	600 €	600 €
3. Place	400 €	400 €
4. Place	250 €	250 €
5. Place	150 €	150 €
6. Place	100 €	100 €

A total prize money of €1,500 will be paid out for the half distance course record. If both genders break this record, the amount will be halved.

Non-cash or cash prizes that are not collected in person during the award ceremony will be forfeited.



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Competition information

Timetable

The updated schedule is available on the event website and will be officially finalized at least one week before the competition.

Athlete identification

When collecting the start documents, each participant receives the start package with the competition equipment (start number, chip, swimming cap) and start accessories. In addition, each athlete receives a wristband on which the start number is written.

Time keeping

Time is recorded using the organizer's time measurement system. Own time recording devices are not permitted. The timekeeping chip must be worn during the competition as specified by the organizer. Without a chip, there is no timekeeping!

All athletes must hand in the timekeeping chip after crossing the finish line in the finish area or after exiting the water from the lake crossing. If the chip with the Velcro strap is not returned, the chip has to be rebought by the service provider and therefore must be invoiced to the participant.

Lake crossing

The following information is available for the Lake crossing:

- Shuttle to the start: Due to the limited parking spaces in Matzing and Seeham, we recommend using public transport (main street bus stop in the town centre) or the organized participant shuttle (regular departure from the Seespitz car park between 4:45- 5:30 p.m.).
- Clothing drop-off: at the start directly at the entrance to the lido in Seeham and Matzing.
- Finish supplies and clothing return: Both are located directly at the Seespitz car park, about a 200-meter walk after the water exit.

The organizer reserves the right to announce a neoprene ban (in hot weather!) or a neoprene requirement (in cold weather!). The decision will be announced by 3 p.m. on the day of the race at the latest. If neoprene is banned, swimming will be carried out according to FINA regulations, i.e. all FINA-compliant swimsuits or trisuits are permitted. The swimwear used can be checked [here](#) for admissibility.

Transition zone

Children in class E can be supervised by a parent in the transition zone, "fair play" is monitored by the organizer. From class D onwards, the transition must be carried out independently.

The transition zone for fun and sprint triathlons, short and middle distances is on an artificial turf field. This means that the ground can get very hot in strong sunlight. We recommend wearing flip-flops or socks.



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The transition zone is only guarded during the official times between "Check In Start" and "Check Out End". In your own interest, we ask that you collect your bikes from the transition zone on time (without exception only upon presentation of your start number)..

Relays

If an individual participant swims for a relay, he/she must wear a swimming cap with the relay color and must start in the relay starting wave. In relays, only cyclists and runners wear a start number. The relay handover takes place with the handover of the timing chip in a designated area in front of the transition zone (only the cyclist has access to the transition zone).

Time limits

The following time limits are under discussion:

Competitoiin	swim	Start last round on bike	End last round on bike	End running
Lake crossing	7.30 pm			
Sprint	3.40 pm	4.20 pm	5 pm	5.30 pm
Half distance	10.10 am	12.25 pm	1.30 pm	4.45 pm

Food

During and after the competition, participants will be provided with sufficient food and drink. After the competition, a variety of drinks and food will be served in the finish area. Support on the course is not permitted! All participants are required to dispose of rubbish (wrapping paper, drinking bottles, etc.) only in the marked areas before and after the refreshment stations. Offenses will be penalized.

Emergency

The Austrian Red Cross will provide adequate first aid at the event. Water rescue services are on duty on the water. To request emergency services, please dial the emergency number 144 and refer to the event.

Picture service

There is a photo service from Sportshot for all participants. A few days after the event, personal photos of the participants will be available and can be purchased.



Parking

There are sufficient parking spaces and the signs on site lead to the parking spaces with a short route to the competition area.